

Tatjana Gjurković i Tea Knežević

# Little pig is sad, he misses attention

Illustrations:  
Jelena Brezovec



Osnovne emocije:

**TUGA**

+

Savjeti za roditelje  
i odgojitelje

evenio 

## Impressum

Tatjana Gjurković i Tea Knežević, magistre psihologije

Praščić je tužan jer mu nedostaje pažnje

6. izdanje

Nakladnik: Evenio d.o.o.

Urednica: Jelena Kovačić

Ilustracije: Jelena Brezovec

Grafička priprema: Jelena Brezovec

Lektorica: Isidora Vujošević

Tisak: Denona d.o.o., Zagreb

© Evenio d.o.o. Sva prava pridržana

Ni jedan dio ove knjige ne smije se reproducirati ili prenositi u bilo kojem obliku, ni na koji način.

Zabranjeno je svako kopiranje i upotreba knjige bez pisanog odobrenja nositelja autorskih prava.

Varaždin, svibanj 2024.

ISBN 978-953-8008-76-4

Više informacija i narudžbe na [evenio.hr](https://www.evenio.hr)

f @evenio2

📷 @evenio.hr

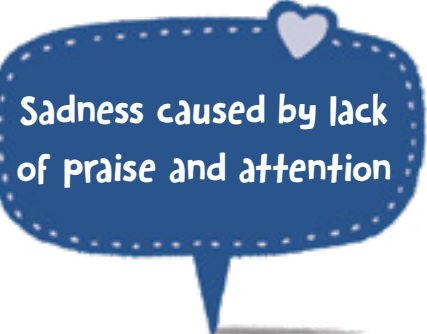
**evenio**  
Priče grade put do srca

Tatjana Gjurković i Tea Knežević

# Little pig is sad, he misses attention

Illustrations:  
Jelena Brezovec





**Sadness caused by lack of praise and attention**

Child's language for expressing emotions is not words but is rather nonverbal and most often expressed through the child's play and behaviour. Likewise, a child often behaves in one way, for example, shows jealousy and stubbornness, but behind this behaviour is completely different emotion of sadness.

Sadness is one of the so-called basic emotions. They appear in all cultures and from the earliest age. By the end of the 6th month of life, a child expresses all four basic emotions (anger, fear, happiness, sadness). The most important thing in life for a child is to see a positive reflection of their value in the words and behaviour of their parents, to receive parental attention, time and fulfilment of needs. However, as children grow up, parents also have certain expectations of them, teaching children responsibility and acceptable behaviours which are rewarded with praise and attention. Likewise, unacceptable behaviours and irresponsibility are often punished by withholding attention, praise or rewards. It's precisely this deprivation that causes sadness in the child, that is, a feeling of rejection and non-acceptance. If there are more than one child in the family, an individual child will often complain that the attention he should have received is going to one of his siblings, so at first glance this may seem like jealousy of siblings.

This picture book contains a therapeutic story about a piglet who failed to meet his parents' expectations while his younger brother succeeded. At first, it seemed that the piglet was just jealous of his brother, but in fact he was sad because he missed out on praise and attention.

The story will help your child recognize and name the emotion of sadness that they're feeling.

At the end of the picture book, there are tips for adults that will help you understand your child's emotional needs so you can provide help and comfort.

Your soothing voice, attention and the closeness you establish with the child you are reading to, is a big step on the path to healthy development of your little one.

Uživajte u tim zajedničkim trenucima. ♥

”

Hi! I'm a little pig and I live with my mum, dad and younger brother.

I don't have my own room yet, but I share a lot of toys with my brother, so we play all day and make a big mess out of our room. I like to play, but I don't really like to clean up my toys. Once my mom and dad got very angry with me because I didn't clean up my toys. I wasn't sad because they were angry, but because they kept praising my brother, and I felt kind of alone and rejected.

Make yourself comfy and listen to my story...





Two piglet brothers were playing in their room. They took out many toys from shelves and boxes. Bricks, cars, crayons, balls... the floor was full of colourful things to play with.



– Boys, it's time for dinner! – they were interrupted by mum's voice. – Tonight, we have guests for dinner. I know you want to play some more but remember the rule to put away all the toys before dinner. You, piglet, will clean the left side of the room, and your little brother will clean the right side of the room. Then you can wash your hands and come to eat.

Both piglets heard mum's instructions but were asking to play just a little bit longer.

– No, you can't because we don't have time. Come on, hurry up... – mum was brief and clear.



Younger brother started to collect toys right away and put them on shelves. He made this assignment fun for himself and started to sing his favourite song.

Older brother also started to clean his part of the room, but then he saw a little train. He hasn't been playing with this train for some time. Piglet was interested if the toy is still working. He took some rails and tried to make the train work. This was very interesting to him!



– I'm done! – piglet heard the happy voice of his younger brother, who had managed to clean up his part of the room. Then he looked around and saw many toys on his side that he still didn't put away. And he also couldn't start a train.





– This part of the room looks so nice and clean. Did you clean this up little piglet? You did such a good job! And you were so fast. You have put everything to place where it belongs.

Soon mum and dad came to their room with guests: donkey, duck and kitten. Everyone was delighted to congratulate the younger brother:

Older brother piglet knew they were right. He looked, sighed and mumbled quietly:

– He didn't put everything to place where it should be. The ball doesn't belong there...

Mum heard him and got angry:

– How can you complain? You didn't do anything!

– Your part of the room is still a mess, and your little brother was trying really hard to clean up his part of the room – dad was also a little bit angry.