

Tatjana Gjurković i Tea Knežević

# Little mouse is sad, he misses his parents

Illustrations:  
Jelena Brezovec



Basic emotions:

**SADNESS**

+

Advice for parents  
and teachers

evenio 

## Impressum

Tatjana Gjurković i Tea Knežević, magistre psihologije

Mišić je tužan jer mu nedostaju roditelji

6. izdanje

Nakladnik: Evenio d.o.o.

Urednica: Jelena Kovačić

Ilustracije: Jelena Brezovec

Grafička priprema: Jelena Brezovec

Lektorica: Isidora Vujošević

Tisak: Denona d.o.o., Zagreb

© Evenio d.o.o. Sva prava pridržana

Ni jedan dio ove knjige ne smije se reproducirati ili prenositi u bilo kojem obliku, ni na koji način.

Zabranjeno je svako kopiranje i upotreba knjige bez pisanog odobrenja nositelja autorskih prava.

Varaždin, svibanj 2024.

ISBN 978-953-8008-74-0

Više informacija i narudžbe na [evenio.hr](https://www.evenio.hr)

f @evenio2

📷 @evenio.hr

**evenio**  
Priče grade put do srca

Tatjana Gjurković i Tea Knežević

# Little mouse is sad, he misses his parents

Illustrations:  
Jelena Brezovec





Sadness caused by  
separation from  
parents

When parents feel ready, they will start to leave their child for short periods with people they know, such as grandparents, aunts, family friends, or other trusted people. Child will feel safe, be entertained, and everything will seem fine, but it often happens that they suddenly become sad and start crying because they miss their parents.

Sadness is one of the so-called basic emotions. They appear in all cultures and from the earliest age. By the end of the 6th month of life, the child expresses all four basic emotions (anger, fear, happiness, sadness). When parents are away, they usually make it very clear to the child that they will return, and child doesn't feel afraid of the person who is taking care of them because they are familiar with both the person and the environment. However, despite all the fun and attention they are receiving, some children simply remember their parents and start to miss them terribly. Missing parents is actually sadness and a desire to return to mum and dad's embrace.

It's important to know that sadness caused by the absence of parents is not always long-lasting and that the child can be given the necessary comfort, and this picture book provides you with tips on how to do just that. A therapeutic story introduces children to a little mouse who stayed with his grandmother overnight and suddenly became very sad because he started missing his parents. The story will help your child recognize and name the emotion of sadness they are feeling and offer them ideas on how to work through it.

At the end of the picture book, there are tips for adults that will help you understand your child's emotional needs so you can provide help and comfort.

Your soothing voice, attention and the closeness you establish with the child you are reading to, is a big step on the path to healthy development of your little one.

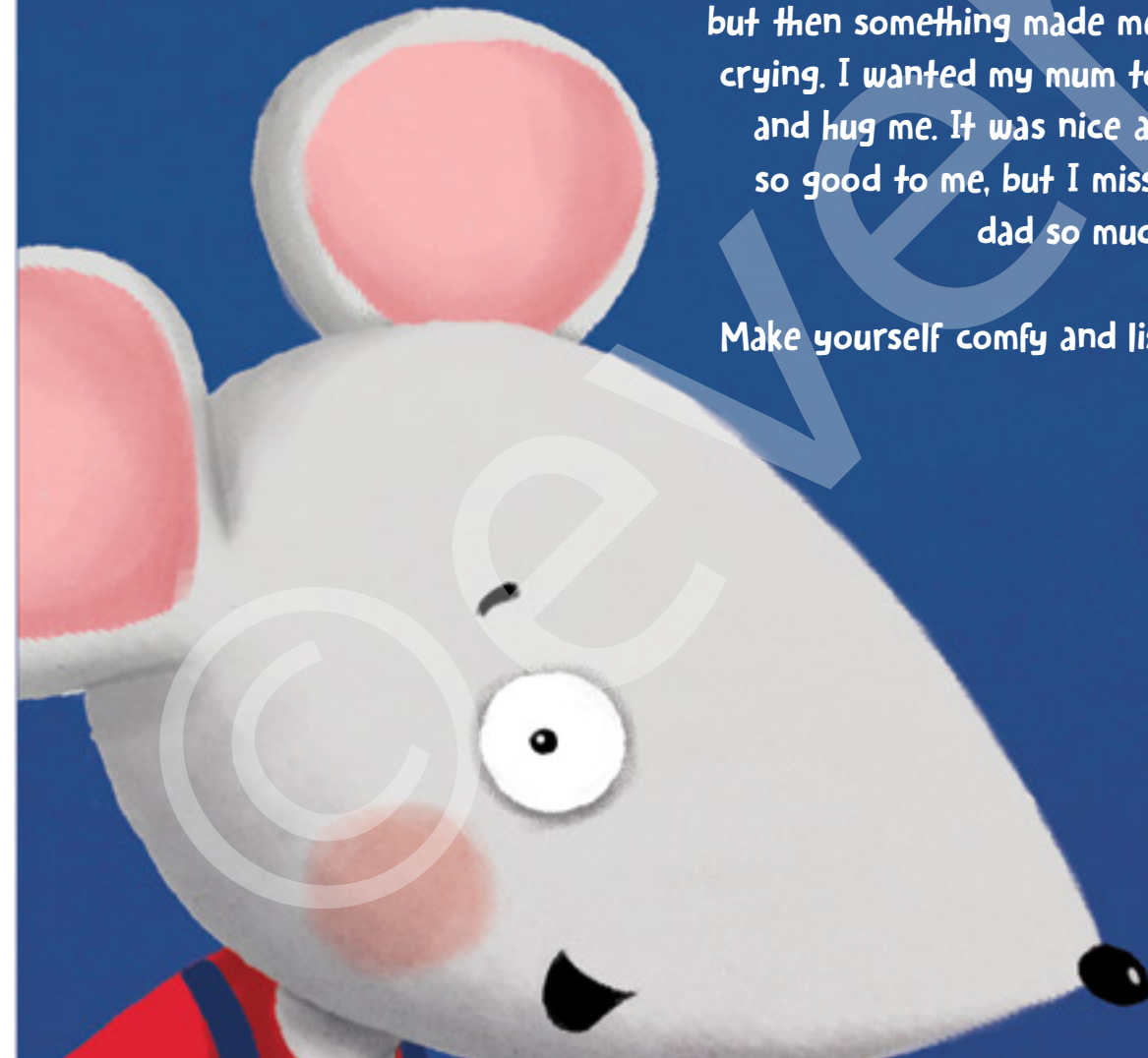
Enjoy these moments together. ♥

”

Hi! I'm a little mouse and I love going to my grandma's.

I love playing with her in the garden, eating her delicious cookies, but most of all I love it when she reads me a good night story. Once, I was listening to a story and I was almost asleep, but then something made me sad, and I started crying. I wanted my mum to come right away and hug me. It was nice and grandma was so good to me, but I missed my mum and dad so much.

Make yourself comfy and listen to my story...



– Wake up, my dear little mouse! It's time to go to a kindergarten. – mum was gently waking up her son and gave him a little kiss on his nose. Mouse started to smile and gave his mum a big morning hug.

– And you little girl, you also need to get on your feet – dad said and gave a little tickle to his daughter.



- Do you know which day it is today? – dad asked his children.
- Friday! – they both started shouting at the same time.
- And what do you do on Fridays? – mum was curious.
- We go to grandma's house! – mice were very excited.
- That's right! Grandma will pick you up in kindergarten and today you will sleep over at her house.
- Woohoo! – mice were so happy and started clap their little hands.



Whole day little mouse and his sister were very excited to stay at grandma's. When they saw her in front of the kindergarten, they both ran to her and gave her a big hug.

Quickly mice took their things, said goodbye to their teacher and the new adventure could start right away.

– My dear mice, I'm so happy to see you! – grandma was also very cheerful and kissed her grandchildren.

On their way to grandma's house, mouse wanted to play in the park, but grandma suggested something even better: to go to her garden and water the flowers.

– I love to play in your garden – little mouse said.

– Me too! I want to water those beautiful red flowers! - her brother squealed.

– We can all give a little bit of water to flowers and then we can play in my vegetable garden.

– Yes! It's a good plan! – little mice confirmed.

And they really enjoyed the fresh air and warm sun in the garden the whole afternoon. They had so much fun. But soon, it became dark, and it was time to go to sleep.

