

Tatjana Gjurković & Tea Knežević

Pony found happiness in sharing effort and success

Illustrations:
Jelena Brezovec



Basic emotions:

HAPPINESS

+

Advice for parents
and caregivers

evenio 

Impressum

Tatjana Gjurković i Tea Knežević, magistre psihologije

Konjić sreću dijelit zna nakon truda i uspjeha

6. izdanje

Nakladnik: Evenio d.o.o.

Urednica: Jelena Kovačić

Ilustracije: Jelena Brezovec

Grafička priprema: Jelena Brezovec

Lektorica: Isidora Vujošević

Tisak: Denona d.o.o., Zagreb

© Evenio d.o.o. Sva prava pridržana

Ni jedan dio ove knjige ne smije se reproducirati ili prenositi u bilo kojem obliku, ni na koji način.

Zabranjeno je svako kopiranje i upotreba knjige bez pisanog odobrenja nositelja autorskih prava.

Varaždin, veljača 2025.

ISBN 978-953-8008-80-1

Više informacija i narudžbe na evenio.hr

f @evenio2

📷 @evenio.hr

evenio
Priče grade put do srca

Tatjana Gjurković & Tea Knežević

Pony found happiness in sharing effort and success

Illustrations:
Jelena Brezovec





Children have this magical and contagious ability to rejoice even at the smallest successes. For example, a child will be very happy when they manage to put together bricks, puzzles, or when they complete a drawing. Happiness is one of the so-called basic emotions. Basic emotions appear in all cultures and from the earliest age. By the end of the 6th month of life, a child expresses all four basic emotions (anger, fear, happiness, sadness).

Happiness due to success is satisfaction and pleasure because of successfully completed task. However, in learning new skills and overcoming greater challenges, a child will sometimes need our help. Such situations can turn into learning cooperation when we can show a child by example that it's okay to accept help and that working together on a certain skill, problem or task leads to mutual happiness. The excitement and joy that we share after with each other is the most beautiful form of happiness.

This picture book contains a therapeutic story about a pony who really wanted to master a new skill but needed help from his family to do so. Little horse accepted the help, succeeded in his plan, and then learned how nice it is to feel and share happiness because of joint effort and success.

At the end of the picture book, there are also tips for adults that will help you guide your child towards cooperation, receiving help, and sharing happiness with others.

In addition, reading to your child, your soothing voice, attention and the closeness you establish with the child you are reading to, is a big step on the path to healthy development of your little one.

Enjoy these moments together. ♥

”

Hi! I'm a little pony and I live with my family on a farm on a country farm. I had planned to learn to jump over hurdles last summer. They're those high obstacles and you must jump really high to avoid knocking them over.

I tried it on my own, but I couldn't do it. I decided to accept the help of my sister and my dad, and it's a good thing I did, because I can't tell you how happy we all were when I finally succeeded!

Make yourself comfy and listen to my story...





One morning, little pony was very excited because he decided to practice jumping over the hurdles. Since he was the youngest in his family, he was the only one who could not jump over all the hurdles on the training ground. But that was very important to know in the horses' world.

After waking up, having breakfast, and brushing his big teeth, he went to the training ground behind their house.

– Neigh! – the little pony was happy that he would soon be running and practicing.

There were different obstacles on the training ground, both low and very high.

– Will I be able to jump over? – pony was thinking out loud and sighed.

„These high hurdles make me really scared. If I don't jump over them, I might get hurt.

And I would really like to learn how to jump...“, pony was thinking.

Everything that could go wrong was running through his head, and he ran out of courage. He just stood on the training ground, staring at the high hurdles.



His older sister saw him standing there and decided to help him. She suggested that he first try to jump over a haystack. It was soft, not that high, and not that dangerous. She ran quickly and jumped over the haystack in a single leap.

– Neigh! Neigh! I would like to jump like this! – pony was jumping in place, very excited.

His sister explained in detail how to jump hurdles:
– Run from farther back, bounce, and pull your legs in, like this.

She showed him a few more times. Then it was pony's turn. He remembered her instructions, tried, and succeeded!

